

# SHREE VASISHTHA VIDHYALAYA English Medium, CBSE, Member of NPSC, Recipient-International School Award, Eco-School Award & The Duke of Edinburgh's International Award

SCINTILLA - A NEWSLETTER (GRADES - VI TO XII) APRIL - OCTOBER, 2023

# **OUR VISIONARIES** MESSAGE FROM THE CHAIRMAN

#### Dear Readers.

Dr. A. P. J. Abdul Kalam once rightly said "Real education enhances the dignity of a human being and increases his or her self respect. If only the real sense of education could be realized by each individual and carried forward in every field of human activity, the world will be a better place to live in".

We, at Shree Vasishtha Vidhyalaya believe in imparting this 'Real Education' by bringing an appropriate balance in 'Knowledge and Wisdom'. KNOWLEDGE is having clarity of facts and truth. WISDOM is the practical ability to make consistently good decisions in life.

SVV's mission is to give positive catalytic impulses to every child to stretch his/her inherent learning competencies through a self discovery process, here the individuality of each child is recognized, nurtured and treasured. Our focus is to develop our students as universal champions with patience, reverence and admiration of a diverse culture to the path of success.

# MESSAGE FROM THE DIRECTORS



SHRI RAMNIKBHAI

DAVARIYA

#### Dear Readers,

Education extends beyond the mere acquisition of academic knowledge, certificates, and self-satisfaction. It constitutes an ongoing adventure that can be incredibly thrilling, provided we are willing to embark on a voyage of experiences, exploring the vast expanse of the world. While we acknowledge the impracticality of physically visiting every place on Earth, the question arises: How can we effectively navigate this educational journey, starting in school and continuing throughout our lives?



SHRI RAVIBHAI

DAVARIYA

At SVV, our objective is to provide education that prioritizes the future growth and development of students. We consistently offer unwavering support to our students in all

circumstances. In addition to our rigorous academic curriculum, we are committed to nurturing various aspects of their development. SVV firmly believes in empowering children to engage in self-directed learning, allowing them to explore, experiment with, and master new skills while honing higher-order thinking abilities. We offer opportunities for students to synthesize and expand

MESSAGE FROM THE ADVISOR



#### Dear Readers,

"Develop a passion for learning. If you do, you will never cease to grow".

their knowledge. To all our students, we extend our heartfelt wishes for success in their educational journey.

SVV is on a proud mission of providing a world class education to all our students with the fact that each Vasisthian is different, as a person and as a learner. We believe that powerful learning and teaching occurs under a shared spirit of respect which creates a passionate schooling experience recognized for its warmth, energy and excellence. Teaching learning process at SVV is designed to stimulate the intellectual curiosity of each child. Open mindedness, a multi cultural orientation, independence, a global outlook, multiple intelligence and abilities are the premium qualities needed today which we offer at SVV.

DR. A K GAUR

As a 21<sup>st</sup> century organization, the school desires to set an approach towards learning that includes inquiry, research, analytical thinking and an ethical approach that becomes a lifetime habit. The school is committed to prepare learners for enriched opportunities worldwide. In short, learning at SVV is a wholesome package of approach, challenge and prospect.

# MESSAGE FROM THE PRINCIPAL



#### Dear Readers.

Education, in our view, signifies a holistic cultivation of every facet within a child: their physical, intellectual, and spiritual dimensions. When children are motivated to reach for the stars and inspired to give their utmost, they are primed to unlock their full potential. We aspire to foster a nurturing and joyful educational environment that empowers children to thrive in both their academic pursuits and extracurricular activities, for SVV is an environment brimming with dynamism and excitement, perfectly tailored for shaping children's future. We are happy to share a glimpse of the journey of Vasishthians so far in the academic year 2022-23 which is a testimony of their talent, perseverance and self-confidence. Bursting with potential, our students forge ahead, consistently raising the bar of excellence with each new endeavor. As we continue to foster the comprehensive development of our students, we appreciate the support of our staff, students, and their parents in cultivating a culture of excellence and values, as we collectively embark on this journey toward an even brighter future.

# **SVV'S GLORIOUS ACHIEVEMENTS !** VASISHTHA'S CLASS 10<sup>th</sup> SPARKLERS-2023



Parita Medhat 97.2%



Prabhat Singh 95.8%

94.4%





**Aryan Raj** 95.2%



**Datt Desai** 95.2%



Sarvesh Singh **95**%



94.8%

**Harshad Patel** 

**93**%

Navhal Yash

91.8%

Urmi Bhakta 94.6%

**Tithi Barad** 

93%



**Parth Darveshi** 94.4%



Krish Maheshwari **93**%

Anmay Sisodia

91.6%



Jitendra Jain





Vishwa Bajariya 91.4%



Manya Patil

90.6%



**Dhruv Agrawal** 

94%



Aryan Hirpara 93.6%



**Bhavva Patel** 



**Durwa Patil** 91.4%

: Nil

90.6%



Yashika Agarwal 91.2%











55/330

32/223

11/36

5/71

41/193



**Deepak Tiwari** 

91.6%

Dhyani Vasani 90.6%

100

96

99

98

100









087 - Social Sci.

085 - Hindi - B

122 - Sanskrit

010 - Gujarati

402 - I.Tech.

92%



**Aniket Bhowmick** 

93.2%



Krisha Joshi

90.8%









• Number of students secured 90% & above

- Overall Subject distinctions (75% & above) : 1101 : 100%
- Pass Percent

Number of students appeared

• Fail & Compartment





93.6%







204/330

170/223

25/36

49/71

157/193



# VASISHTHA'S CLASS 12<sup>th</sup> GLITTERS-2023 SCIENCE STREAM



# SVV'S GLORIOUS ACHIEVEMENTS !

# SIGNIFICANT PLACEMENTS : 2022-23



**39.39%** Success Rate in JEE

**30.55%** Success Rate in NEET



# WORLD SCHOLARS CUP

The Regional Round of **World** Scholars Cup was held on 1<sup>st</sup> & 2<sup>nd</sup> April, 2023 in Chennai where our multi-talented students Maahi Sachdeva, Paridhi Shah & Mahashweda Sundarrajan took part as a team and represented North India in the Regional Round.

They participated in 4 different **Std : 12E** events in which Maahi Sachdeva secured Gold Medal where Mahashweda Sundarrajan grabbed Silver and as A Team of three, they scored 572 Points and won the Silver Medal.







# **CENTER FOR BOARD & NEET**

Our school has been given the responsibility to conduct CBSE (AISSE, AISSCE) Exams for the Academic year 2022-23 in which a total of 863 students from 6 different schools have appeared. SVV was also the centre of NEET (UG) Exams which was held on 7 <sup>th</sup> May, 2023 where 696 students competed for the toughest medical entrance of the country.



## **ROBOTICS LAB**

In a momentous stride towards shaping the future of education and fostering a passion for science and technology among its students the school has started a **Robotics Lab** for the students of Grades  $3^{rd}$  to  $7^{th}$ .

The Robotics Lab is poised to become the epicenter of creativity and innovation. Through hands-on experiences, students have the opportunity to experiment with building and programming robots, delving into the realms of engineering, electronics and artificial intelligence. And beyond the technical knowledge, the lab shall inspire our Vasishthians to be curious and imaginative.





## ENGLISH SPEAKING CLUB

SVV believes that English has become a passport to social advancement. Aiming this objective the school has started English Speaking Club to encourage our students to have the regular habit of English speaking in and around the school.

The E.S.C stimulates the spoken proficiency of our Vasisthians since its inception.











# SILVER LEVEL AWARD

"The road to success is paved with consistent hard work and resilience" Proving it, Shree Vasishtha Vidhyalaya has won the prestigious Silver Level Award in School Enterprise Challenge-2022 for the astonishing entrepreneurial venture and remarkable performance of our students in S.E.C-2022.

The SVV'S EARTHENDLES have bagged the Silver Level Award for planning, setting up and successfully running their Innovative School Business.



ALL INDIA ESSAY COMPETITION

Ms. Anshika Mishra (X-C) has secured 2<sup>nd</sup> rank in All India Essay Competition conducted in Commemoration of G20 summit at Fravashi International Academy, Nashik on 28 July,2023. The competition had 113 excellent participants. The Essay written by her got placed in the book named 'The Mind Unleashed'. Further, she was conferred with a trophy, a certificate, a book and cash prize of Rs. 7500.





# SVV'S ACCOMPLISHMENTS IN INTER SCHOOL COMPETITIONS !

Evt.		0	<b>D</b> I	E N	١
No.	Grades	Students' Name	Rank	Event Name	to
01	JR. KG B	CHARVI BANSIWAL	1 <sup>st</sup>	RHYMESTER	Va
02	SR. KG E	AADHYA BAGADIYA	1 <sup>st</sup>	PAPIER MACHE	e r
03	-	VATSI DAVARIYA	1 <sup>st</sup>	ATTIRE SPECTRA	un
04	II - C	AADYA BHANJI	2 <sup>nd</sup>	REVEUR	the
05	III - E	AADHYA PATEL	1 <sup>st</sup>	SIZZLE ZONE	Ка
06	IV - A	DHANUSH DHAMELIYA	1 <sup>st</sup>	Hood ARTSON	Cu
07	VII - H	DHARANI SHINGALA	1 <sup>st</sup>	SPELDORA	2K
08	VII - I	FERRY PATEL	1 <sup>st</sup>	ACTOMANIA	Alo Ch
09	X - I	HELLY BELADIYA	1 <sup>st</sup>	CHRONICLER	Ch Fi
10	XI - H	VISHWABEN BAJARIYA	1 <sup>st</sup>	DOLLAR DECK	гı sta

## PARAMPARA 2K23

We are incredibly proud to share that Shree Vasishtha Vidhyalaya e m e r g e d a s th e undisputed champion at the prestigious 'Sanghvi Kantilal Doshi Annual Cultural Fest - Parampara 2K23', organized by GT Aloha Vidhya Mandir, Chennai. Clinching the First Position in a staggering Nine out of the

Ten events while securing the second position in the only remaining category.

# ION 2023

The SVV students from class XI participated in ION 2023 an interschool competition organized by Indraprashtha International School Dwarka, Delhi. The team of enthusiastic students along with their mentors displayed spectacular talent through their short film in the event CinemiON 2023 and secured the first position. The Super Achievers of this events are Master Dev Patel, Master Aditya Patel, Master Dhyan Patel & Master Jashraj Desai who created a meaningful and impressive movie on the topic 'An Eye Everywhere' and were declared the best in the category.



## VANMAHOTSAV

Vanmahotsav is an Inter School Competition organized by Maharaja Agrasen Model School, Delhi on August 11, 2023 on the theme -'G -20 Presidency of India'. In this event our two Senior Secondary Students Mahashweda Sundarrajan & Mitesh Shaw presented their remarkable study on the G-20 country-Indonesia's Economic Growth of the last 5 years in the competition FISGROW and secured second position in it.



Std: 12C



Mitesh Shaw Std : 12F

# MEMORABILIA

Rank	Name of Winners	Theme
V Č	1)Shashank Prajapati (XI-H) 2)Mahim Sharma (XI-D) 3)Shikhar Singh (XI-D) 4)Nikhil Mangukiya(XI-E) 5)Bhumi Shah (XI-F)	SEAL THE DEAL
	1) Abhavya Singh (VIII-J)	Trade Go
<b>₩</b>	1)Abhavya Singh (VIII-J)	Dazzle with Doodle
Ö	1)Kriva Solanki (V-F) 2)Aadyot Bhardwaj (V-F) 3)Niva Patel (V-F)	Renewable Energy

We are delighted to inform you that our school participated in the 11<sup>th</sup> edition of the inter-school competition, Memorabilia-2023, organized by the esteemed Little Flower Group of Schools, Delhi. This year's theme was 'One Earth, One Family, One Future.' proved to be an inspiring and thought-provoking canvas for our young scholars to showcase their creativity and intelligence.

Their outstanding performance reflects their hard work, talent and unwavering spirit.

# SCHOOL ENTERPRISE CHALLENGE

When sustainability is viewed as being a matter of survival for your business, you can create a massive change." With this prospect SVV has organized School Enterprise Challenge [S.E.C] which is a global business competition lead by an organization 'Teach a man to fish' and has world wide presence in 93 countries and governs from its head office at Finsbury Park, London (United Kingdom).

This year's **S.E.C.** was organised on 21<sup>st</sup> October, 2023 on the theme ECO-NATION. This venture promotes the use of eco friendly products such as Jute bags, organic soaps, sustainable Diwali decor, and soft toys among parents. Besides, ECO-NATION, Vasishthians also exhibited their business skills to a large gathering in Fun Corridor, Health Care & Food Zone Centers.



# **SEMINARS AT SVV!**

## STAFF DEVELOPMENT PROGRAM

"Tell me and I forget, Teach me and I may remember, involve me and I learn." SVV leaves no stone unturned when it comes to enrichment of its faculties. The Staff Development Program was held for the teaching fraternity on  $9^{th}$  &  $10^{th}$  June, 2023. The conversant sessions were on the following topics:

TOPICS	<b>RESOURCE PERSONS</b>	
New Education Policy	Ms. Mridul Jain	
Emotional Intelligence	Dr. Gautam Guha	
Do you have a little professor ?	Dr. A K Gaur	
Leadership	Dr Gautam Guha	
Team Work	Dr. A K Gaur	
Competency Based Education	Ms Shubhra Srivastava	



# LEADERSHIP CAMP

SVV believes in shaping our students in all spheres of their lives. With this perception, The Leadership Training Camp was organised on 3<sup>th</sup> & 4<sup>th</sup> July, 2023 under the aegis of M.R. Pai Foundation, Mumbai. The two eminent trainers Mr Vivek Patki & Mr Sachin Kamat imparted various Leadership Skills to the 84 future leaders from Podar International School, Shree Vasistha Vidhyalaya & Vasishtha Genesis School. It was indeed an inspiring event for all the participants.



# **COMMERCE FEST**

Competitions not only promote healthy contest but also provide right platform to show our caliber. With this outlook, our Vasishthians participated in an Inter-School Commerce Fest organized by Vasishtha Genesis School, Bardoli on 28<sup>th</sup> & 29<sup>th</sup> August, 2023. Out of Six Events our students grabbed awards in Five categories. The details of the events are as follows.

**1<sup>st</sup> Position - Vyaprash-Commerce Quiz** 2<sup>nd</sup> Position - Vigyastuti-Ad Making 2<sup>nd</sup> Position - Sankatmochan

3<sup>rd</sup> Position - Vigyasana **3<sup>rd</sup> Position - Mock Stock** 



# ENGLISH DEBATE

"It is better to debate a question without settling it, than to settle a question without debating it." With this perception the leading schools of Surat City showcased their debating talents in the 9<sup>th</sup> Shree Vasishtha Inter-School English Debate Competition on the topic "Social Media has a great contribution for social upliftment" on 6<sup>th</sup> September, 2023. The Aditya Birla Public School, Kosamba, S.D. Jain Modern School, Vesu & Shree Vasishtha Vidhyalaya secured First, Second & Third positions respectively in this competition.



## KALAKRITI

Our talented and dynamic students participated in an Inter-School Arts Competition, named "KALAKRITI," organized by the Fountainhead School, Surat on 23<sup>rd</sup> September, 2023 and showcased their exceptional skills, enthusiasm and won several prizes in various categories.





**Rutu Patil** Std. : 11G



Event	Students' Name	Position
Visual Art (Mehndi)	Sneh Desai (8-F)	Ŏ
Visual Art (Indian Folk Art)	RutuPatil (11-G)	Ó
Music (Group Song)		Č

# CAREER AND COLLEGE FAIR

Shree Vasishtha Vidhyalaya, organized a highly successful Career and College Fair on 20<sup>th</sup> July, 2023, providing a valuable platform for students and parents of the Secondary and Senior Secondary Sections to explore various career opportunities and higher education options. More than 30 renowned universities, colleges and vocational training institutes across the country and abroad participated in this fair. It will undoubtedly prove to be a crucial stepping stone in shaping the bright future of the Vasishthians.



# ACCOUNTANCY WORKSHOP

Shree Vasistha Vidhyalaya successfully organized an Accountancy Workshop by the eminent authors of the country Dr. G.S. Grewal & Mr R. K. Khosala for its Commerce Stream students on  $1^{st}$  &  $2^{nd}$  September, 2023 in the SVV's School Auditorium. In this workshop around Three Hundred Vasishthians & more than Eighty Accountancy Faculty members of South Gujarat actively participated. This workshop not only enhanced the knowledge and teaching skills of the participating teachers but also empowered students with valuable insight of Accountancy.



# ORIENTATION SESSION FOR UNIVERSITY ENTRANCE EXAMS

Shree Vasishtha Vidhyalaya organized an informative orientation session on university entrance exams on August 1<sup>st</sup>, 2023 for the students of grade XI and XII. The orientation session was skillfully conducted by renowned educationist and expert counselor Mr. Naveen Jannavula. During the session he discussed in comprehensive details about the format and syllabus of various exams such as IPMAT, SAT, SET, and CUET etc. He provided detailed information on the eligibility criteria, application process, important dates and suggested preparation strategies for each of these exams.



# STRESS MANAGEMENT

"The greatest weapon against Stress is our ability to choose one thought over another." With this doctrine on 16<sup>th</sup> September 2023, Shree Vasishtha Vidhyalaya conducted a very enlightening teachers' training session on the topic 'Stress Management in Life' under Vasishtha Capacity Building Programme.

The session was identically fruitful as it had guided the teachers to differentiate between positive stress and negative stress and how to deal with it. The teachers were also made aware of the myths about stress. The outcome of the training was an outlook to tackle various stressful situations positively.



# THE MEMORABLE EDUCATIONAL TRIPS !

## A VISIT TO ADANI PORT & ADANI WILMAR

Under the project UDAAN an exposure tour was organized by SVV wherein more than 110 Vasisthians were given a chance to visit Adani Port & Adani Wilmar on  $10^{th}$  August &  $24^{th}$  August, 2023. The aim of this visit was to provide an insight into the large scale business activities carried out there and to encourage young minds to develop an interest to dream higher and become successful.



# A VISIT TO JAIMINI SOFTWARE

In the world of Information Technology, practical knowledge is more important than theory and for this purpose Grade XI students visited Jaimini Software Adajan, Surat on 14<sup>th</sup> August, 2023. It is a leading software developer of the city where our students got the chance to meet & interact with the Company Founder Mr Tarang Patel. It was a quite useful visit for students who dream to make their careers in IT sector.





# A VISIT TO JAINAM HOUSE

A visit to Jainam House was arranged on 22<sup>nd</sup> August, 2023 for the SVV's Commerce Stream Students. The Jainam House is a listed trading company of the share market. The core aim of this visit was to make our students to understand the functioning of Stock Market and method of investment. The trip was a great learning experience for our Vasishthians.



# AN EDUCATIONAL TRIP TO FINLAND

From 10<sup>th</sup> to 15<sup>th</sup> September,2023 our honourable Advisor Dr A K Gaur made a visit to Finland to study its educational system & culture. He has visited Four Premier Institutions of Finland. On his return, he shared his unique experience of teaching and learning of the country which will certainly assist our SVV's faculty members to enhance their teaching and learning abilities.



# A VISIT TO NAVSARI AGRICULTURAL UNIVERSITY

An Educational trip to Navsari Agricultural University was organized for the Grades XI-XII students on 21<sup>st</sup> August, 2023.The students were highly fascinated to witness the Entomology, Biopesticides & Recycling Departments. They also visited a Museum displaying different types of Millets. It was indeed an enriching experience for our Vasishthians.



# A VISIT TO SRM UNIVERSITY

A group of Vasishthians were taken to SRM University which is located in Guntur, Andhra Pradesh for a campus visit from 24<sup>th</sup> to 30<sup>th</sup> October, 2023. The purpose of this visit was to witness one of the best universities of our country. During this visit our students interacted with Faculties of the university and uptake their valuable inputs.



# A VISIT TO SCIENCE CENTRE

A field trip to the Science Center, Ahmedabad was arranged on 6<sup>th</sup> & 7<sup>th</sup> October, 2023 for Classes IX to XI Science Students. The aim of this trip was to understand complex scientific concepts through interactive exhibitions and demonstrations. This outing enabled our Fifty One Scholars to take part in experimental activities to think critically and upgrade their scientific skills.



# **CELEBRATIONS AT SVV !**

# FOUNDER'S DAY

On 19th March,2023 Shree Vasishtha Vidhyalaya celebrated its 17th Founder's Day. It was a time to reflect on the School's journey over the years. We have acknowledged the contributions of each and every individual who uplifted the school by their hard work on this auspicious day.



# INTERNATIONAL YOGA DAY

"Surat Creates History: Mass Yoga Practice Brings Pride to Our City!" says Shri Harsh Sanghavi, Home Minister of Gujarat.

Shree Vasishtha Vidhyalaya provided an opportunity to our students to be part of this Guinness Book of World Record on the occasion of 8th International Yoga Day on  $21^{st}$  June, 2023. It was a proud moment for us as our Vasishthians were the part of creating history by performing Mass Yoga Sadhana along with more than 1.50 Lakh other Citizens of the state!





# DIGNITARIES' BIRTHDAY

# "May you be gifted with life's biggest joys and never ending bliss."

SVV celebrated the birthdays of our respected Chairman Shri Ramnikbhai Davariya, Directors Shri Vijaybhai and Ravibhai, Advisor Dr. A. K. Gaur with immense zeal. The morning assembly began with prayers asking the blessing of Almighty for them followed by hosting a variety of programs in honour of them.



# INDEPENDENCE DAY

The Independence Day has a special place in the heart of every Indian. Not only does it symbolizes the celebration of wonderful years of freedom but also extends an emphatic message of the progressive future of our country. The 76<sup>th</sup> Independence Day of our motherland India was celebrated with great enthusiasm and fervor by young Vasishtians by paying their respect to the tricolor.



# JANMASHTAMI

Krishna Janmashtami was celebrated by the staff and students of SVV on 6<sup>th</sup> September, 2023. This Festival is the symbol of end of darkness and rooting out of the evil forces. A splendid and colorful performance was presented by Vasishthians which was depicting the birth of Lord Krishna with a message of victory of good over evil.



# GURUPURNIMA

As you walk with the Guru, you walk in the light of existence, away from the darkness of ignorance. Guru Purnima was observed at Shree Vasishtha Vidhyalaya on 3<sup>rd</sup> July, 2023 with great dedication. On this auspicious occasion our students expressed their love for their teachers by indulging themselves in making cards for them and showed their respect and gratitude with a special cultural performance.



# **INVESTITURE CEREMONY**

Investiture Ceremony of Shree Vasishtha Vidhyalaya for the Academic Year 2023-24 was held on 18<sup>th</sup> August, 2023 with great pomp & dignity. It was conducted with high degree of earnestness and passion. The elected leader profiles were announced on the stage and they were conferred with Badges & Sashes by our dignitaries. The elected council took an oath to fulfill their duties with loyalty, truth & honour in high esteem.



# TEACHERS' DAY

The Teachers' Day was organised with incredible gusto and zeal by the students of Shree Vasishtha Vidhyalaya on 5<sup>th</sup> September, 2023. The teachers were warmly welcomed at the school with flowers and cards. Fun filled games were planned at the school ground which reminded the teachers of their school days and made them feel nostalgic. That was not all, the students planned many spectacles for the day and showcased many scintillating cultural performances.







## **GANESH CHATURTHI**

Students of Shree VasishtaVidhyalaya celebrated 'Ganesh Chaturthi' on 19<sup>th</sup> September, 2023 with great pomp and festivity. The cultural programs were heralded with a prayer song seeking blessing of Lord Ganesha followed by a skit. The students further expounded on the significance of the festival by a captivating dance performance that left the audience spellbound. The programme ended with chants of 'Ganapathi Bappa Moriya- which echoed all around the campus in a festive manner.



## NAVRATRI

Navratri celebration was held on 23<sup>rd</sup> October, 2023 with great passion and zest at Shree Vasishtha Vidhyalaya. It started with the morning prayer with various rituals like Puspanjali and Aarti to Goddess Durga and seeking her blessings with great devotion and fidelity. The core attraction of the celebration was Mass Garba Performance by our students and teachers. Everyone was deeply synced with the beats of the music and the steps of Garba.



## INTER - HOUSE COMPETITIONS REPORT

The house system promotes team spirit and provides excellent opportunities for student leadership and peer group support. Shree Vasishtha Vidhyalaya infuses the children with the spirit of cohesion and competition. Each child is initiated into the house system to introduce the ethos of school's healthy competitive environment. The four houses named ASHOKA, SUBHASH, TAGORE AND SHIVAJI compete in various competitions, assemblies, sports and academics. The final points up to First Term (April-September-2023) for this session are as follows. ASHOKA HOUSE 464 Points, SUBHASH HOUSE 393 Points, SHIVAJI HOUSE 417 Points & TAGORE HOUSE with 516 Points leading the school.



# SVV'S SPORTS ARENA ! ATHELETICS MEET

SVV promotes its students to explore themselves not only in Academics but in Sports as well. With this perception, our Students participated in C.B.S.E Cluster 13 Athletics Meet which was held at Laxmi Vidhyapeeth, Vapi from 18<sup>th</sup> to 21<sup>th</sup> October, 2023. In this event our talented Vasisthians grabbed 2 Golds, 9 Silvers & 7 Bronze Medals and brought laurels to the school. It is also a matter of pride to us to inform you that Anirudh Bhati, Suryansh Mishra & Pratham Bang have been qualified for National Athletics Meet which will be held at Raipur (Chhatishgarh) from 4<sup>th</sup> to 7<sup>th</sup> November, 2023.

#### Winners Details are as follows:

Students' Name	Grade	Event Name	Medal
Suryansh Mishra	IX A	3000 M Race	Gold
Pratham Bang	ХН	400 M Race	Gold
Students' Name	Grade	Event Name	Medal
Anirudh Bhati	XIG	800 M Race	Silver
Meet Suryavanshi	VIII E	Relay (4X100)	Silver
Swaransh Singh	VII A	Relay (4X100)	Silver
Shubham Hadia	VII H	Relay (4X100)	Silver
Manav Vaghela	VII G	Relay (4X100)	Silver
Anirudh Bhati	XI G	Relay (4X100)	Silver
Shikhar Singh	XI D	Relay (4X100)	Silver
Pratham Bang	ХН	Relay (4X100)	Silver
Uttam Bharti	ХА	Relay (4X100)	Silver
Students' Name	Grade	Event Name	Medal
Swaransh Singh	VII A	Long Jump	Bronze
Anirudh Bhati	XI G	Long Jump	Bronze
Manthan			
Chaudhary	XII H	Javelin Throw	Bronze
Ankit Mishra	XII G	Relay (4x100)	Bronze
Vikas Singh	X E	Relay (4x100)	Bronze
Harshil Makwana	XI	Relay (4x100)	Bronze
Krish Yadav	XII E	Relay (4x100)	Bronze













# VOLLEYBALL

With a very high spirit our talented Vasisthians participated in West Zone C.B.S.E Volleyball Cluster XIII Meet for Under 19 Category. It was held at Podar International School, Nadiad from 25<sup>th</sup> to 29<sup>th</sup> October, 2023. In this mega event a total of 53 Boys & 32 Girls Teams participated from West Zone. And it's matter of great pride that our Under-19 Boys team secured First Position and became Overall Champions for the Second Year in a row . In the same event our talented Under-19 Girls team secured 3rd position as well.



## STUDENTS' CORNER

## TIME



#### ZEESHAN BEHERA | Std : VIII A

I am the truth which people don't like I have the power to change the universe I have the power to destroy the universe I was the past of the universe which was seen by the people

I am the present of the universe which is seen by the people I will be the future of the universe which will be seen by the people

I had seen the universe forming

- I had seen Ram killed Ravan for his wrong things
- I had seen Krishna killed Kans for his wrong things

I had seen the pandavs fighting for their rights

- I had seen the struggle of India in front of British,
- I am seeing the human behaving like a machine
- I am seeing the development of India in different fields

I will see the destruction of this universe.

No secret of this universe is hidden from me

So, who am I ?

I am TIME which cannot be stopped and changed by anyone...

## YOGA AND MEDITATION



#### DHVANIBA JADEJA Std : VIII G

Yoga and meditation are becoming popular terms now a days in health arena. Health experts are very much in favour of the

ancient techniques that have benefited man since time immemorial.

Adopting proper postures of yoga and following the ritual of meditation constantly creates wonders for one's mental well-being. By following yoga and meditation, a person remains fresh and relaxed throughout the day, shows increased energy levels and a greater immunity towards diseases. The skin glows naturally since a person feels restful and at leisure.

So it can be said with assurance that yoga and meditation are the key towards achieving the goal of fitness and good health as it is rightly said a healthy mind resides in a healthy body. So, it is everyone's duty to take care of their health Instead of splurging huge amount of money on gymming, one should follow some simple techniques to stay fit and healthy.

# FALSE ECONOMY

### RAHI PATEL | Std : XII G



#### WHAT IS FALSE ECONOMY ?

It is an action that saves money at the beginning but, over a long period results in more money being spent or wasted.

And if you are poor, there is a double

whammy associated with being jugaadu. Not only do products and services become more expensive but you get stuck in a negative spiral of spending.

The double whammy of being poor and even then being spendthrift keeps you poor, or to put it differently, you realise how being poor actually turns out to be more costly overall. Only by addressing the hidden expenses of poverty can we hope to create a more equitable society where financial stability is accessible to all. **Make choice that help you avoid being "penny-wise, poundfoolish". Think Long Term.** 

## THE ART OF BEING ALONE



#### HETVI SANGANI | Std : XII E

When you get stressed what changes do you find in you? Breathing. When you get angry what changes do you find in you? Breathing. We experience every emotion with change of breath. When you learn to navigate and manage your

breathing, you can navigate any situation in life. Same goes with being alone. Being alone doesn't mean detaching yourself from world it simply means not focusing on what people will say rather focusing on what you are capable of. Being alone simply means peace of mind. Humans want a lot of things but in every heart, there beats one true desire. And that true desire shapes your thoughts and actions and lead you towards peace of mind. Well said by one of the monks, "When we tune out the opinions, expectations and obligations of the world around us, we begin to hear ourselves."



### DIGNITY

#### **KHUSHI JADAV** Std : XI E

You get dignity, when you stop thinking wrong, when you do what you learn right You can live dignified, when you live a lifestyle that matches your vision You can get dignity, when you renounce the "ego of individuality", and rejoice ups and downs of life There is dignity, when you have good thoughts, in your heart and mind.



#### IDOL SHREYA PATEL Std: VIII H The word idol has different

meanings for different people, to some it can be God or to some it can be a hero or a star. But, for me it is a person who gives me motivation, who always stays by side, who is the reason for my happiness and corrects my mistakes. And for me these all gualities are in my mother.

As, people say, "Idols face a lot of challenges and obstacles in their lives to be successful." Isn't a mother faces difficulties and struggles in upbringing of her child throughout her life? She sacrifices everything she has for her child's better future. She keeps thinking how every second of her life can be given to her child, how she can make her child happy and healthy. A Mother's life is one with her child.

Even, when the world betrays you and scares you, the only place you can feel safe and secure is in your mother's lap, which is filled with warmth and love. She alone can fight against the world for you. She always guides you to the right path.

At last I would say, she is the only person who brings smile on my face. She is my heart beat without her my heart has no value. For me, my mother is the most beautiful woman of the world.



# MY BELOVED MOM

#### SIMRAN BALHARA Std : VI A

My Mom... I'm her piece of heart, I'm her life and its part, She dedicates me as 'Brightness Of Her Life', She is my daddy's caring wife. My mom is the one who takes care of me. She says me, "You are my best daughter", She is the one who wipes out all my fears and tears from my eyes. She is the only one who can play the role of each character, But no one can play her character. She is the one who stands firm at all odds; she is my life's support system. She is the one who discrete all the fears from my life, She keeps me away from tensions and fights with them like a warrior. She is my bodyguard, she is my caretaker. She is my family's best food maker! She is one and only... She is my beloved mom Love you Mumma



## RETURN DHARA PANCHANI Std:XIIH

"You Get What You Give"

Whether we believe in karma or not it is a type of law that everyone is facing in everyday life.

One can smartly use this law as a key to what they are seeking to get but, giving should be practised with selfless feeling.

This we can understand better by taking an example of something that is really important to survive in today's world and that is 'money'. What we have to do is give Money to people who are in need and let go of all the selfish feelings inside us.

We can take anything in this world and practice law of return and get it back. Once we get it back we should be always thankful for everything we own, this really helps a lot to build a positive behaviour.

So from today let us all start practicing "Law Of Return "instead of "Law Of Attraction". Just try it once and see the magic happening around you.



## BHAVYA KANANI Std : IX H

એવી છે મારી ''મા''

જીવનની કાંટાળી કેડીમાં, એ ફૂલ બની જાય હારું છું કંટાળું છું ત્યારે.... સંખી બની જાય. દુનિયાની દુનિયાદારીમાં ગૂંચવાઉં ત્યારે.... સમજણના પાઠ બંની જાય. જોઉ છું કોઈ સ્વપ્ન અને, પુરું કરવાં મથું ત્યારે.... આર્શીવાદ બેની જાય. દઃખી થાઉં જયારે હું, મારા કર્મના ફળથી ત્યારે.... દુઆ બની એ તો વરસી જાય. ઘર્શો દૂર છે તે આજ મારાથી છતાં, મારા જીવનમાં એ સંસ્કાર બની, મીઠી છાયા દેતી જાય. નહિ ચૂકવી શકું ૠણ કદી તેનું તેવી મારી 'માં' ની મમતા, આજ મારા જીવનમાં.... નિઃસ્વાર્થ પ્રેમનું ઝરણું બનીને વહેતી જાય એવી છે મારી 'મા'. આખી દુનિયા પણ ટૂંકી પડે હો સાહેબ, જયારે વાત મારી માતાના પ્રેમની આવે. મરવા માટે ઘણાં રસ્તાં છે, પરંતુ જન્મ લેવા માટે, ΄ માત્રને માત્ર એક જ રસ્તો છે તે. 'મા' 'મા' ની દુઆ સાથે હોય ને, તો સમય તો શું, નસીબ પણ બદલાઈ જાય છે.



फला विद्या HELI KHUNT

Shree vashistha vidhyalaya, a name so dear, In the realm of knowledge, you shine clear, Where students' dream, take flight and soar, A place of learning, we all adore. With teachers who guide nurture and care, In our hallowed halls knowledge we share. From dawn till dusk, you are guiding light, Illuminating mind, so pure and bright. In the class room and on the playground wide, Friendships are forged, side bye side. Lessons learned here, both big and small In the heart of Vasishtha, we find it all. With values instilled, as we grow and pray, You lead the path, come what may. Shree Vasistha Vidhyalaya, we proudly say, You're the school where we learn and stay. In your name, we find our unity, A place of wisdom, integrity, and diversity. Shree Vasistha Vidhyalaya, we sing your praise, In our hearts, your memory stays.

## **EDITORS' NOTE**

#### Dear All

गे वृत फला वि

#### Greetings from your Editor-in-Chief and Associate Editor !!!

We take great joy in presenting the Vasishthians who have ventured into challenging situations that prompted them to discover their inner strengths and become more resilient. It is a privilege to be a part of Scintilla - The Newsletter, through which we share the inspiring success stories of our students over the past six months.

We have made an effort to encompass the diligent efforts of the Vasishthians who actively participated in both curricular and co-curricular activities. In closing, we would like to express our gratitude to each and every person who has contributed to the success of this edition.





MR. SHIVESH MISHRA EDITOR-IN-CHIEF

MR. ANOOP PAULOSE Associate editor



# **ADMISSIONS OPEN**

FOR CLASSES NURSERY TO 9<sup>™</sup> FOR THE SESSION 2024-25

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